



LITTLE FLOWER CATHOLIC SCHOOL

905 Kentucky Ave., 78201

210-732-9207

September 2020 Breakfast Menu

Offered Daily: Milk, Juice, Fruit, Yogurt, Breakfast Pastry, Variety of Cereal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Biscuit and sausage, juice, milk	2 Potato and egg taco, juice, milk	3 Blueberry muffins, juice, milk	4 Cereal, toast, juice, milk
7 Pancake, syrup, juice, milk	8 Biscuit and egg, juice, milk	9 Bacon and egg taco, juice, milk	10 Strawberry bagel, juice, milk	11 Cereal, toast, juice, milk
14 Cinnamon toast, juice, milk	15 Yogurt, graham cracker, juice, milk	16 Cinnamon rolls, juice, milk	17 Toast, egg patty, juice, milk	18 Cereal, toast, juice, milk
21 Pancake, syrup, juice, milk	22 Potato and egg taco, juice, milk	23 Sausage biscuit, juice, milk	24 Strawberry bagel, juice, milk	25 Yogurt parfait, juice, milk
28 Cinnamon toast, juice, milk	29 Bean and cheese taco, juice, milk	30 Banana, blueberry muffins, juice, milk		

Notice: Menu is subject to change based on product availability or school activities

The U.S. Department of Agriculture prohibits discrimination against customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program or protected genetic information in employment or in any program, or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Right Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339, or (800)845-9136 (Spanish), USDA is an equal opportunity provider and employer.



LITTLE FLOWER CATHOLIC SCHOOL

905 Kentucky Ave., 78201

210-732-9207

September 2020 Lunch Menu

Offered Daily: Main Entrée, Milk, 2 Vegetables, Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hot dog, baked fries, corn, fruit, milk	2 Bean and cheese burrito, green beans, fruit, milk	3 Chicken tender, marinara sauce, broccoli, fruit, milk	4 Ham and cheese sandwiches, baby carrots, fruit, milk
7 LABOR DAY NO SCHOOL	8 Hamburger, baked fries, lettuce/ tomato, fruit, milk	9 Chicken fajitas, seasoned beans, lettuce/tomato, fruit, milk	10 Kolache, baby carrots, sliced cucumber, fruit, milk	11 Turkey and cheese sandwich, lettuce/tomato, fruit, milk
14 Chicken nuggets, baked fries, ranch-style beans, fruit, milk	15 Spaghetti with meat sauce, broccoli/salad, fruit, milk	16 Mini chicken street tacos, rice/beans, salad, fruit, milk	17 Corn dogs, baked fries, carrots, fruit, milk	18 Grilled cheese sandwich, baby carrots, fruit, milk
21 Pepperoni pizza, side salad, sliced cucumber, fruit, milk	22 Chicken alfredo with pasta, broccoli, fruit, milk	23 Fideo Loco, seasoned beans, Spanish rice, fruit, milk	24 BBQ chicken, corn, garlic bread, fruit, milk	25 Tuna sandwiches, pickle cup, baby carrots, fruit, milk
28 Ravioli, garden salad, sliced bread, fruit, milk	29 Steak fingers, mashed potatoes, green beans, fruit, milk	30 Beef crispy taco, beans, lettuce/tomato, fruit, milk		

Notice: Menu is subject to change based on product availability or school activities

The U.S. Department of Agriculture prohibits discrimination against customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program or protected genetic information in employment or in any program, or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Right Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339, or (800)845-9136 (Spanish), USDA is an equal opportunity provider and employer.